

# 基本不等式拓展教学实践

226100

2017 2020

$$\geq \sqrt{ab} \geq \frac{2}{\frac{1}{a} + \frac{1}{b}} (a > 0, b > 0)$$

$$\frac{a+b}{2} \geq \sqrt{ab} (a \geq 0, b \geq 0)$$

2

$$2 \quad CD \leq OD \quad O \quad C$$

$$\sqrt{ab} \leq \frac{a+b}{2} (a \geq 0, b \geq 0)$$

$a=b$

$$\frac{a^2+b^2}{a+b} \geq \sqrt{\frac{a^2+b^2}{2}} \geq \frac{a+b}{2}$$

$$\geq \sqrt{ab} \geq \frac{2}{\frac{1}{a} + \frac{1}{b}} (a > 0, b > 0)$$

1

$$1 \quad 45 \quad 1 \quad AB$$

$$C \quad AB \quad AC = a \quad BC = b$$

$$C \quad AB \quad DE \quad AD, BD$$

1  $\Delta ACD$

$\Delta DCB$

$$CD = \sqrt{ab} \quad CD$$

$$1 \quad 3 \quad C \quad OD \quad CE$$

$$Rt\Delta OCD \quad DC^2 = DE \cdot OD$$

$$\sqrt{ab} \leq \frac{a+b}{2}$$

C

$a=b$

1 51~52 2 AB  $\odot O$

$$AC = a \quad CB = b \quad C \quad CD \perp AB \quad \odot O$$

D AD, BD  $\Delta ACD$

$$\Delta DCB \quad \frac{CD}{CB} = \frac{CA}{CD} \quad CD = \sqrt{ab} \quad OD = \frac{a+b}{2}$$

$$CD \leq OD \quad \sqrt{ab} \leq \frac{a+b}{2} \quad C \quad O$$

$a=b$

2

$$\frac{a^2+b^2}{a+b} \geq \sqrt{\frac{a^2+b^2}{2}} \geq \frac{a+b}{2}$$

$$\sqrt{\frac{a^2+b^2}{2}}$$

$$\frac{a-b}{2}$$

$$\sqrt{\frac{a^2+b^2}{2}}$$

$$CF = \sqrt{\frac{a^2+b^2}{2}}$$

1

2

4

$$\frac{a-b}{2}$$

OF ⊥ AB

OC

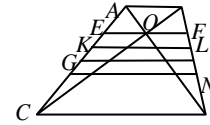
CF

$$CF = \sqrt{\frac{a^2+b^2}{2}}$$

O MN  
ABDC

GH, KL, EF, MN

$$\frac{a+b}{2}, \sqrt{ab}, \frac{2}{\frac{1}{a}+\frac{1}{b}}, \sqrt{\frac{a^2+b^2}{2}}$$



6

$$5 \quad GH = \frac{a+b}{2} \quad KL = \sqrt{ab} \quad EF = \frac{2}{\frac{1}{a}+\frac{1}{b}}$$

$$MN = \sqrt{\frac{a^2+b^2}{2}} \quad MN > GH > KL > EF$$

$$\sqrt{\frac{a^2+b^2}{2}} > \frac{a+b}{2} > \sqrt{ab} > \frac{2}{\frac{1}{a}+\frac{1}{b}}$$

$$6 \quad a=b$$

5 6

$$EF = \frac{2}{\frac{1}{a}+\frac{1}{b}} \quad MN = \sqrt{\frac{a^2+b^2}{2}}$$

CF

4

3

4

4

5

C

CF

OF

G FG

$$\frac{a^2+b^2}{a+b}$$

$$\frac{a^2+b^2}{a+b}$$

4

5

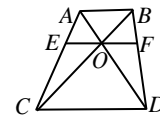
4

7 ABDC O O

AC, BD E, F

$$AB = a \quad CD = b \quad 1 \quad OE = OF \quad 2$$

$$EF = \frac{2}{\frac{1}{a}+\frac{1}{b}}$$



7

$$\frac{a^2+b^2}{a+b} \geq \sqrt{\frac{a^2+b^2}{2}} \geq \frac{a+b}{2} \geq \sqrt{ab} \geq \frac{2}{\frac{1}{a}+\frac{1}{b}} \quad (a > 0, b > 0)$$

4

$$1 \quad 70 \quad 16 \quad 6 \quad ABDC$$

GH

$$AB = a \quad CD = b \quad O$$

$$OE = \frac{1}{\frac{1}{a}+\frac{1}{b}}$$

$$\begin{cases} \frac{OE}{b} = \frac{AO}{AD} \\ \frac{OE}{a} = \frac{OC}{BC} \end{cases}$$

$$\frac{AO}{AD} + \frac{OC}{BC} = \frac{AO}{AD} + \frac{OD}{AD} = 1$$

ABLK

KLDC

EF

$$OE = \frac{1}{\frac{1}{a} + \frac{1}{b}} \quad 4$$

EF

$$MN = \sqrt{\frac{a^2 + b^2}{2}}$$

4

$$\frac{a^2 + b^2}{a + b}$$

$h_1, h_2$

7

$MN = t$

4

$$\frac{a+t}{2} \cdot h_1 = \frac{b+t}{2} \cdot h_2 = \frac{a+b}{4} \cdot (h_1 + h_2)$$

$h_1, h_2$

t

$$EF = \frac{2}{\frac{1}{a} + \frac{1}{b}} \quad 7$$

5

10

$$\frac{AE}{EC} = \frac{a}{b}$$

$$\frac{a+t}{2} \cdot h_1 = \frac{b+t}{2} \cdot h_2 = \frac{a+b}{4} \cdot (h_1 + h_2)$$

$$\frac{AJ}{JC} = \frac{b}{a}$$

8 JK

$$\begin{cases} \frac{h_1}{h_1 + h_2} = \frac{a+b}{2(a+t)}, \\ \frac{h_2}{h_1 + h_2} = \frac{a+b}{2(b+t)}, \end{cases}$$

$$2 = \frac{a+b}{a+t} + \frac{a+b}{b+t}$$

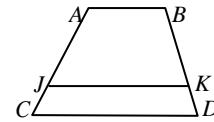
$$2 = \frac{a+t+(b-t)}{a+t} + \frac{b+t+(a-t)}{b+t}$$

$$0 = \frac{b-t}{a+t} + \frac{a-t}{b+t}$$

$$0 = b^2 - t^2 + a^2 - t^2$$

$$t^2 = \frac{a^2 + b^2}{2} \quad t = \sqrt{\frac{a^2 + b^2}{2}}$$

3



8

JK

JK

8

$h_1, h_2$

$$\frac{h_1}{h_1 + h_2} + \frac{h_2}{h_1 + h_2} = 1$$

$$2 = \frac{a+b}{a+t} + \frac{a+b}{b+t}$$

$\geq$

$\geq$

$\geq$

$\geq$

MN

